



## *Distance Learning Project (DLP) Courses*

In an effort to improve our course options WMTC has spent the past several years developing our Distance Learning Project (DLP) Courses. Each DLP course has three distinct components: a didactic distance learning component, on-line testing, and an on-site practical session. You **MUST** successfully complete the didactic material and on-line testing prior to attending the on-site practical session. Students who do not successfully complete the on-line tests will **NOT** be permitted to attend the practical session. Please note that the design of our DLP courses **REQUIRES** that you have access to a reliable computer with a DVD drive, internet access, and a valid e-mail address.

### *Our DLP courses:*

- Allow you to learn the didactic material at your own pace.
- Offer more hands-on practice time than our standard courses.
- Offer the potential for better learning and retention.
- Require less on-site time.
- Require less time away from home and work.
- Include a reference DVD.

### *DLP Didactic Sessions*

The didactic session is self-study using the supplied course text(s) and DVD; all course materials will be mailed to you 6-8 weeks prior to the course or upon registration by the course sponsor. Self-corrected case study homework is included in the pre-course materials to prepare you for both the on-line exam and practical situations. The DVD is **NOT** a “talking heads” video. It contains text and animations specifically designed to speed your learning; the DLP DVD is primarily designed to be used with our Wilderness Medicine Handbook. DLP DVDs may be played on either Mac or PC platforms using Quicktime Player. Quicktime Player is a free download from mac.com.

In addition to the Quicktime files, the DVD also contains Adobe pdf files with Case Studies, WMTC patient SOAP notes, and a Wilderness CPR summary. The cases studies help prepare you for both simulations during your practical session as well as real-life situations.

Detailed directions are provided with registration. Please note that neither WMTC nor the course sponsor are responsible for any hardware or software issues arising from the use of the DLP material. Also note that it is a copy right violation to use our DVD in a public forum; the DVD is strictly for individual study and reference. Please contact the WMTC office if your organization would like to use one of our presentations as part of a college class or seasonal staff training; licenses are available.

### *DLP On-line Testing*

After studying the didactic material you will need to successfully complete a timed on-line exam or exams. DLP WFA, WAFA, and Review courses have a single exam; DLP WFR and WEMT courses each have four exams. You **MUST** score at least 90% on each exam to be admitted to the on-site session. You have five attempts to “pass” each exam. Most questions on the exam can be answered using our Wilderness Medicine Handbook;

however, there is not enough time to “look-up” each answer.

We have a contract with test.com, an on-line testing service. Approximately 4-6 weeks prior to your practical session you will be e-mailed a password and access code to the test.com website so you can take the pre-course test or tests. The WMTC office, the course sponsor, and the lead instructor for your practical session will be send an e-mail when you have successfully completed all the required exams and you will be able to attend the on-site practical session.

## *DLP Practical Sessions*

The information learned in the distance learning part of the course prepares you for the on-site practical session where you will learn the hands-on skills necessary to assess and treat illness and injury in a wilderness environment; there are no lectures. There is however, case study quizzes—given as homework—and interactive review sessions. There are also numerous skills labs and simulations. You will be active throughout the entire session. In order to pass the course you must demonstrate your proficiency during end of course simulations.

## *Successful DLP Course Strategies*

Our DLP courses are not for everyone. They require academic discipline and the ability for effective self-study. IF you employ the following strategies, you will learn MORE taking a DLP course than one of our standard courses. And, in addition to our standard course materials, you will also have our copy-righted DVD for future reference.

- Use the animated presentations on the DVD to understand the anatomy, physiology, & pathophysiology for each of the problems in the Wilderness Medicine Handbook. When supplied with a text (the Art & Technique of Wilderness Medicine), refer to it for more in depth background information.
- Use the reference presentations on the DVD to quickly access specific information.
- Study each topic in order—progression is important—and complete each homework assignment before moving on to the next.
- In DLP WFA & Wafa courses, complete all the topics before taking your first test.
- In DLP Review courses WMTC graduates can consider taking your first exam before completing the DVD topics. Graduates from other wilderness medicine providers, should complete the DVD topics prior to taking your first exam.
- In DLP WFR & WEMT courses, complete each section, then take your first test. Sections are based on MOI—Trauma, Environmental, & Medical—and Wilderness CPR. Take them in that order.
- Test taking strategy: Once you are ready to take a test, simply take it and see how you do. Your test will be scored within seconds of submitting it. You may score 90% or greater on your first try. IF you score less than 90%, you will be told what questions you got wrong and, in most cases, provided with an explanation. Take notes and go back and study that specific material again; then, retake the test. Most students pass on their second or third try. IF you don't, don't worry, just go back and study again. When you score 90% or greater you will be given the answers to each question and in many cases, a brief explanation. IF the explanation makes sense, great. IF not, take notes and bring your questions to the on-site practical session for discussion with other students and your instructor. IF for some reason you have been studying hard but inexplicably fail a test five times, contact the WMTC office and move on to complete an remaining topics and tests. Depending on circumstances, we occasionally permit students who fail one of the exams to attend the on-site practical session and retake the failed test after the practical session one last time; there is an additional \$25 processing fee for taking an additional test.
- IF you are like most students, you won't need five attempts to pass the on-line exams for your course. In this event, it is to your advantage to retake each exam immediately prior to your on-site session. See how high you can score without using the handbook. IF you haven't used all five of you test options, your account with test.com will remain active for year. IF you choose you return anytime within that period and retake any remaining exams. This will help solidify your knowledge base.

## *DLP Refunds*

There are absolutely NO refunds once you register for a course and are sent the course materials and access to the on-line tests. IF you successfully complete the distance learning portion of the course, including all the exams, and are unable to attend the practical session, space permitting, you may attend the practical session for that course type—WFA, WAFA, WFR, or WEMT—within a year of your originally scheduled practical session at a reduced course rate.

## *DLP Courses*

The length of the on-site practical session and the estimated time required to complete the distance learning portion of each of our DLP courses is listed below. Please note that the actual time you need to complete the distance learning portion may be different. Plan for more time than you think you will need.

### *DLP WFA*

- Certification: WMTC WFA
- Estimated time to complete didactic study: 3-6 hours
- Estimated time to complete the on-line testing: 1-2 hours
- Length of on-site practical session: 2-days/16-18 hours
- Number of required on-line tests: 1

### *DLP Review*

- Certification: WMTC WAFA, WFR, or WEMT depending on your prior certification; WMTC Adult CPR & AED
- Estimated time to complete didactic study: 5-9 hours
- Estimated time to complete the on-line testing: 1-2 hours
- Length of on-site practical session: 2-days/18-20 hours
- Number of required on-line tests: 2

### *DLP WAFA*

- Certification: WMTC WAFA, WMTC Adult CPR
- Estimated time to complete didactic study: 12-20 hours
- Estimated time to complete the on-line testing: 2-3 hours
- Length of on-site practical session: 3-days/24-27 hours
- Number of required on-line tests: 1

### *DLP WFR*

- Certification: WMTC WFR, WMTC Adult CPR & AED
- Estimated time to complete didactic study: 25-50 hours
- Estimated time to complete the on-line testing: 3-6 hours
- Length of on-site practical session: 5-days/45-50 hours
- Number of required on-line tests: 4

### *DLP WEMT Module*

- Certification: WMTC WEMT, WMTC Adult CPR & AED
- Estimated time to complete didactic study: 15-30 hours
- Estimated time to complete the on-line testing: 3-6 hours
- Length of on-site practical session: 5-days/45-50 hours
- Number of required on-line tests: 4